

Shrewsbury- Monday a.m.	Healthy Me 101	Create a healthy life style: demonstrate independence at making good choices for appropriate eating habits <i>to meet core definition of promoting independence & Life skills toward employment</i>	Joe / Cindy
Eatontown-Friday a.m.	Healthy Me 102	Create healthy life style: demonstrate independence for good hygiene in keeping oneself and surroundings clean <i>to meet core definition to increase safety in the home and environment.</i>	Alexis / Andrea
Brick – Friday a.m.	Healthy Me 102	Create healthy life style: demonstrate independence for good hygiene in keeping oneself and surroundings clean <i>to meet core definition to increase safety in the home and environment.</i>	Phil / Kelly Laurie / Brian
Shrewsbury – Monday p.m.	Circle of Friends 101	Learn to improve conversational skills, how to listen closely & express opinions while maintaining social contacts <i>to promote inclusion in the community</i>	Joe / Cindy
Shrewsbury – Tuesday a.m.	Amazing Stories 101	Maintain/strengthen reading and writing skills Read a story or have a story read to you learning character identity, settings, plot <i>promoting independence and life skills toward employment.</i>	Paula / Cindy
Eatontown – Thursday a.m.	Amazing Stories 102	Maintain/strengthen reading and writing skills. Review basic grammar and sentence structure and achieve simple creative writing activities <i>promoting independence and life skills toward employment.</i>	Laurie / Joan
Shrewsbury – Tuesday p.m.	Now Showing 101	Create movies/slideshows developing characters, backgrounds, props and scripts using a variety of video and editing programs and apps. Individuals will organize, develop and act a movie of fantasy <i>to promote independence & life skills toward employment.</i>	Paula / Cindy /STEVE
Brick - Monday p.m.	Now Showing 102	Create movies/slideshows developing characters, backgrounds, props and scripts using a variety of video and editing programs and apps. Individuals will organize, develop and act a movie of real life situation <i>to promote independence & life skills toward employment.</i>	Jessica / Jen/
Brick - Monday p.m. B Class	Now Showing 102	Create movies/slideshows developing characters, backgrounds, props and scripts using a variety of video and editing programs and apps. Individuals will organize, develop and act a movie of real life situation <i>to promote independence & life skills toward employment.</i>	Alexis
Shrewsbury - Wed p.m.	Expressing Myself	Develop a broad sense of expression and build self -confidence <i>to promote independence & life skills towards employment</i>	Kelly / Joan

Shrewsbury – Wed p.m.	Places to Go 101	Learn various aspects of travel and activities within your community <i>to promote inclusion in the community.</i>	Kelly / Joan
Brick – Thursday a.m.	Places to Go 102	Learn various aspects of travel to world countries via the internet learning cultures, food, language <i>to promote independence & Life skills toward employment.</i>	Alexis/Andrea Kelly / Cindy
Brick – Wednesday p.m.	Science & More 101	Learn to develop a vegetable garden including planting/composting understanding benefits of items grown <i>to acquire, retain and improve self help, socialization and adaptive skills to live in home or community.</i>	Joe / Andrea Phil / Brian
Shrewsbury – Thursday a.m.	Science & More 102	????	Jessica / Amanda
Eatontown – Monday p.m.	Picture This 101	Learn to take digital pictures, find ways photos can be shared, stored and downloaded to create photo albums and calendars <i>to promote independence and life skills toward employment</i>	Phil / Kelly
Brick – Monday a.m.	I Can deal with that 101	Individuals will gain confidence to deal with daily issues that arise needing special attention. Independent recognition of the need and use of first aid in the home, workplace and community <i>to increase safety in the home and environment.</i>	Jessica / cindy Alexis / Brian
Eatontown – Tuesady a.m.	I can deal with that 102	???	Joe / Kelly
Shrewsbury – Thursday p.m.	I can deal with that 103	Individuals will gain confidence to deal with daily issues that arise needing special attention. Learn how to handle conflicts/bullying/difficult people in the home, community and workplace <i>to promote inclusion in the community.</i>	Jessica / Amanda
Eatontown – Monday a.m.	Enjoying My Space 101	Individuals will gain confidence to deal with daily issues that arise needing special attention Focus on how to maintain cleanliness of ones living space <i>to acquire, retain and improve self-help, socialization and adaptive skills to live in the home or community.</i>	Phil / Kelly
Brick – Tuesday a.m.	Enjoying My Space 102	Individuals will gain confidence to deal with daily issues that arise needing special attention. Learn how to handle emergencies to self and home <i>to increase safety in the home and environment.</i>	Jen / Brian Laurie / Amanda
Eatontown – wed p.m.	Enjoying my space 103	Individuals will gain confidence to deal with daily issues that arise needing special attention. Individuals will learn how to	Paula / Amanda

		decorate the home for comfort and to plan a party, invite friends over to socialize as well to learn activities / hobbies to do while at home alone <i>to acquire, retain and improve self help, socialization and adaptive skills to live in home or community.</i>	
Brick – Friday p.m.	Enjoying my space 104	Individuals will gain confidence to deal with daily issues that arise needing special attention. Learn how to deal with meals, handling food, spoilage, shopping and cost to acquire, retain and improve self help, socialization and adaptive skills to live in home or community.	Phil / Kelly Laurie / Brian
Brick – Tuesday p.m.	Speak Up	Increase conversational and self-advocacy skills through various activities and real life situations <i>to acquire, retain and improve self help, socialization and adaptive skills to live in home or community</i>	Jen / Brian Laurie / Amanda
Brick – Thursday p.m.	What’s News	Discover and discuss current issues involving community news, world news, sports, leisure and entertainment <i>to promote inclusion in the community.</i>	Alexis / Andrea Kelly / Cindy
Eatontown – Tuesday a.m.	Fit For Life 101	Participate in recreational and fitness activities to learn how to stay fit and healthy <i>to acquire, retain and improve self help, socialization and adaptive skills to live in home or community.</i>	Phil / Joan
Brick - Wednesday a.m.	Fit for Life 102	“ ?	Joe / Andrea Phil / Brian
Eatontown – Thursday a.m.	Fit for Life 103	“?”	Jen / Brian
Eatontown – Tuesday p.m.	Where did my money Go	Learn basic money skills, coin identification, making change to promote independence & life skills toward employment <i>to acquire, retain, and improve self help, socialization and adaptive skills to live in home or community.</i>	Joe / Kelly
Brick – Friday p.m.	Community Service (allaire farms)	Learn how to reach out and broaden a sense of connection. Through a variety of activities individuals will see themselves as being able to impact others in a meaningful way <i>to promote inclusion in the community.</i>	Phil /
Eatontown – Thursday p.m.	Dress for Success	Clothing tells everyone something about you. This class focuses on making choices on purchasing, determining proper size, wearing in appropriate weather and settings <i>to promote inclusion in the community.</i>	Laurie / Joan

Eatontown – Friday p.m.	People To Meet 101	Learn about people in various industries – entertainment/sports <i>to promote inclusion in the community.</i>	Alexis / Andrea
(not on spring schedule)	People to Meet 102	Learn about people in various industries – history / politics	
(not on spring schedule)	People to Meet 103	Learn about people in various industries – medical / self help	
Eatontown – Tuesday p.m.	Games to Meet	Explore & engage in hobbies, sports, music, art for appropriate use of idle time.	Phil / Joan
Shrewsbury/Eatontown/Brick Monday	Life Skills Lunch 101	Determine options for healthy lunch choices <i>to meet the core definition to acquire, retain and improve self help, socialization and adaptive skills to live in home or community</i>	
Shrewsbury/Eatontown/Brick Tuesday	Life Skills Lunch 102	Learn to make healthy meals in electronic cooking appliances <i>to meet core definition to acquire, retain and improve self help, socialization and adaptive skills to live in home or community.</i>	
Shrewsbury/Eatontown Wednesday	Life Skills Lunch 103		
Shrewsbury/Eatontown/Brick Thursday	Life Skills Lunch 104		
Shrewsbury/Eatontown/Brick Friday	Life Skills Lunch 105		