

ADULT RECREATION

	Monday	Tuesday	Wednesday	Thursday	Friday
Eatontown					
Shrewsbury	Dance with Jay 4:30-5:30, 5:45-6:45, 7:00-8:00 (PM)	Dance with Jay 4:30-5:30, 5:45-6:45, 7:00-8:00 (PM)	Karate 4:30-5:30, 5:45-6:45, 7:00-8:00 (PM)		
Brick	Yoga 2:00 – 3:00 3:00 – 4:00			Dance with Jay 5:45 - 6:45 7:00 – 8:00	