

# 2016 – 2017 Adult Class Schedule -

## SHREWSBURY LOCATION

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>9 - 10</b>			YOGA – <i>Vijya Hirani</i>	YOGA – <i>Pat Tavis</i>	
<b>Teachers</b>	<b>Christine/Kelly</b>	<b>Jen/Joan</b>	<b>Paula/Cindy</b>	<b>Alexis/Amanda</b>	
<b>Fall AM</b>	Speak Up! 10 - 12	Ready To Go 10 - 12	People To Meet 10 - 12	Social Scene 10 - 12	
12 - 1	LIFE Skills Lunch	LIFE Skills Lunch	LIFE Skills Lunch	LIFE Skills Lunch	
<b>Fall PM</b>	Animal Bytes 1 - 3	I Can Deal with That! 1 - 3	Where Did My Money Go 1 - 3	What's News 1 - 3	
<b>9 - 10</b>			YOGA – <i>Vijya Hirani</i>	YOGA – <i>Pat Tavis</i>	
<b>Winter AM</b>	Places to Go 10 - 12	What's News 10 - 12	Social Scene 10 - 12	Now Showing 10 - 12	
12 - 1	LIFE Skills Lunch 12 -1	LIFE Skills Lunch 12 -1	LIFE Skills Lunch 12 - 1	LIFE Skills Lunch 12 - 1	
<b>Winter PM</b>	Now Showing 1 - 3	Healthy Me 1 - 3	Picture This! 1 - 3	People To Meet 1 - 3	
<b>9 - 10</b>			YOGA – <i>Vijya Hirani</i> -	YOGA – <i>Pat Tavis</i>	
<b>Spring AM</b>	Healthy Me 10 - 12	Amazing Stories 10 - 12	Places to Go 10 - 12	Science & More 10 - 12	
12 - 1	LIFE Skills Lunch	LIFE Skills Lunch	LIFE Skills Lunch	LIFE Skills Lunch	
<b>Spring PM</b>	Circle of Friends 1 - 3	Now Showing 1 - 3	Expressing Myself 1 - 3	I Can Deal with That 1 - 3	